



Sunday Morning Yoga

20 Spring & Fall Sundays 2015

5 April, 12 April, 19 April, 26 April

3 May, 10 May, 17 May, 24 May, 31 May

16 August, 23 August, 30 August

6 September, 13 September, 20 September, 27 September

4 October, 11 October, 18 October, 25 October

Updated 16 February 2015 Subject to Change Without Notice

09:00-10:00 on the Yoga Platform (weather permitting) or Indoors.

Get stretched and relaxed with guidance from our professional instructor. Yoga mats and fresh towels supplied. Water and herbal teas offered. No charge to Brickyard and Schoolhouse Homes guests.

Day Visitors are welcome to participate. Rmb 288, includes the Brickyard Breakfast Buffet served from 07:30-11:00 and use of a changing room in the Spa. **This is a great way to start a day of hiking around the Great Wall!** Prior booking required, 6162-6506 or info@brickyardatmutianyu.com.

On Easter Sunday 5 April there will be a special 90 minute session 09:00-10:30 (Indoors in Activity Center)

On Mother's Day 10 May there will be a special 90 minute session 09:00-10:30 (Indoors in Activity Center)